

LEVEL 3

Clinical Adventure & Nature Therapist (ATI)

General requirements

You have successfully completed Levels 1 & 2 and already **hold the title "Clinical Adventure & Nature Therapy Practitioner (ATI)"**.

Level 3 (220 hrs)

Certification Course in person

- ☐ Colloquium, presentation of the thesis
1x 3 days | 20 hrs

Supervision/ Coaching (accompanying practical modules)

- ☐ Confirmation of participation
16 hrs | digital and/or face-to-face | during the practical course

Practical Implementation of your own ATN sessions/ programs

- ☐ Conduction documented therapy sessions/ programs
60 hrs | doing ANT (included preparation time for the presentation of the thesis in the colloquium)
The documentation time will be calculated separately in Case Reports

Case vignettes | Case Reports

- ☐ Documentation of at least two experiential and nature therapy processes of 5-6 pages
30 hrs each

Theory exam

- ☐ Online exam (multiple choice)
- ☐ Approx. 220 – 250 questions
- ☐ 4 hrs

Specialist Thesis | Thesis

- ☐ Dealing with a special topic. Written elaboration of at least 25-30 pages in the languages (EN, ES, NL, DE)
90 hrs (included preparation time for the presentation of the thesis in the colloquium)

LEVEL 3 Clinical Adventure & Nature Therapist (ATI)

General evidence for obtaining the degree title "Clinical Experience and Nature Therapist"

Submission of all documents in digital form (SCAN, PDF). Depending on the time interval in which you completed Levels 1 & 2, you may have to submit something again for completion:

- ☐ Proof of your professional qualification/studies in the field of social and health care
If you have **not completed any vocational training** and/or studies in the field of social and health care, we expect proof of:
 - ☐ at least 80 hours (further education and training in the fields of psychology/pedagogy)
 - ☐ min. 240 days (8 hours each) Practical experience within 3-5 years (professional field of social and health care)
- ☐ **Advanced Clinical Knowledge Course** | 24 hrs (like Trauma-sensitive work, EMDR method, DBT, focus on depression, eating disorders, sexual abuse, addiction, anxiety disorders ...)
- ☐ Extended police clearance certificate (no relevant entries)
- ☐ Current 1st aid certificate (15 hours | not older than 1 year)
- ☐ MHFA (Mental Health First Aid) Mental Health First Responders (21 hrs | not older than 3 years)
- ☐ **Minimum age 23 years**

Advanced Clinical Knowledge Course

This course is NOT offered by ATI and NOT part of Level 3 bundle.

Further training focusing on therapeutic knowledge
24 hrs (minimum)

We recognize similar training courses from other organizers by arrangement.

For example: Trauma-sensitive work, EMDR method, DBT, focus on depression, eating disorders, sexual abuse, addiction, anxiety disorders etc.

You will need this course to obtain your final certificate. You are welcome to take the intervention course with providers in your country. We can do a lot, but not everything. Please look for training courses that suit you and are recognized in your countries.

We recognize courses from other providers if we have checked them beforehand.